

Newborn Home Visit

A FREE visit from an experienced registered nurse in the comfort of your own home!

During your Newborn Home Visit, a Public Health Nurse experienced in caring for Moms and Babies will—

- Assess your baby, including weight and general physical review.
- Assess how you are feeling physically and emotionally.
- Review nutrition needs for you and your baby including breastfeeding and formula feeding.
- Review safe sleep, normal growth and development, social-emotional development, baby care, and family's emotional changes and support.
- Encourage and reinforce the importance of follow-up medical care and immunizations for you and your baby.
- Explore health insurance options for your baby, such as Healthy Kids.



Whether this is your first baby or your fifth, you'll have questions. You'll have plenty of time to discuss your concerns with your nurse during your home visit too. She can help give your baby a great start by answering your questions about infant feeding, breastfeeding, health, safety, nutrition, and social-emotional development.

Sign up for a Newborn Home Visit when you're in the hospital by asking your Hospital Nurse to make a referral for you.

If you have questions, call

1-800-432-4121



**HEALTH
DEPARTMENT**
of Northwest Michigan

In partnership with:

