

Introducing

"whole body health and wellness"

Integrated Health Care

School Behavioral Health Therapists work with the School Nurse and the family to develop a targeted care plan, and are available for follow-up visits with the child/family to address the plan, monitor the child's progress, and coordinate care with other providers.

Examples of provided supports include:

- Targeted care plans, including plans for behavioral and physical health needs
- Behavioral health consultation to the school nurse and the primary care provider
- Referrals to community resources
- Educational materials
- Parent support and information
- Wellness guidance
- Care coordination

More than 50% of all care for common mental health conditions is provided in the Primary Care setting

Primary care with a focus on prevention

Decisions youth make when they are teenagers stay with them the rest of their lives. So we'll spend a lot of time with each of our clients discussing their choices about alcohol and drugs, tobacco, healthy eating, and physical activity. We won't replace youths' doctors. In fact, we're working to make sure every one of our clients has a health care provider outside the Center.



Telemedicine Services

Telemedicine services in Pellston allow your child to be seen by a Nurse Practitioner without having to leave the school. The Hornet Health Center School Nurse will meet face-to-face with the client and connect to the Nurse Practitioner, who is located at a different site. With this service, the Hornet Health Center offers your child and family additional services not otherwise available at a typical school nurse visit.



Physical Health & Mental Health Services include:

- Nursing assessment
- Care for minor injuries and acute illness, such as strep throat, ear infections, rash, etc. (Prescriptions provided through telemedicine with off-site Nurse Practitioner.)
- Basic laboratory services and tests
- Health assessments and risk reduction
- Immunizations
- Monitoring of blood pressure, height, weight, and BMI
- Chronic disease management in partnership with a health care provider
- Referrals for primary care and specialty health services
- Primary care services through the use of telemedicine
- Individual, family and group counseling with a licensed therapist

The Hornet Health Center staff cannot provide family planning drugs or devices or provide abortion counseling or referrals in accordance with laws in the State of Michigan.

A note on parental consent

Parents/Guardians are very important to us! Parents/guardians must provide consent for their minor children for services at the Hornet Health Center by signing a Parent/Guardian Consent for Medical Services Form. According to Michigan law, the only exceptions are emergencies threatening life or limb, HIV counseling and testing, sexually transmitted infection treatment and for minors age 14 and older—mental health services. People who are age 18 or older, legally emancipated, legally married, under court order, in the presence of a law officer when parents cannot be promptly located and/or members of the U.S. Armed Forces provide consent for themselves.

We gratefully accept donations.

All services are free

Any charge is based on the youths' annual income, which means there may be no charge or a minimal fee. No one is denied services due to an inability to pay. We bill health insurance policies—Medicaid, MI-Child, Healthy Kids, or private insurance like Blue Cross & Blue Shield of Michigan—if youth have coverage. We also assist uninsured families with MIChild and Healthy Kids applications.

for anyone age 5 to 21 --and their children

We offer health care and prevention services to youth in Pellston and surrounding communities. We also offer information for parents and guardians on nearly any topic they need to parent a teenager in the 21st century. All information is based on research and best practices. Call us or stop by.

conveniently located in the Pellston Middle/High School

We're available for appointments during the school year. We offer appointments in the morning, during lunch periods, and after school. Same-day appointments may be available during clinic hours.



Pellston High School
172 Park St.

Pellston, MI 49769

(231) 539-8550

1-800-432-4121

(231) 539-8616 Fax

hhc@nwhealth.org

www.pellstonschools.org/hhc.html



www.nwhealth.org



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HORNET HEALTH CENTER



A school-based health services program operated by the Health Department of Northwest Michigan, in collaboration with Pellston Public Schools, with major funding from Michigan Departments of Community Health and Education.



**Serving ALL youth age 5 to 21
from Pellston and surrounding
communities**